

## FOOD PANTRY RESOURCES

For more food and other resources: • call 2-1-1 or 858-300-1211

• visit <http://www.211sandiego.org/> • email [ResourceCenter@211sandiego.org](mailto:ResourceCenter@211sandiego.org)

**Catholic Charities Food Resource Center:** • 349 Cedar Street, San Diego 92101 • Phone (619) 231-2828

**Church of the Nazarene:** • 4101 University Ave (corner of 41<sup>st</sup> St & University Ave) • Phone (619) 516-1000.  
Food distribution: **Tues 3pm-5pm, Thursdays & Saturdays 9:00am.**

**First Presbyterian Church of San Diego:** • 320 Date Street, San Diego 92101 (between 3<sup>rd</sup> & 4<sup>th</sup> Avenues).  
Phone (619) 232-7513 • Food distribution **2<sup>nd</sup> & 4<sup>th</sup> Saturdays** of each month • Free lunch **Sundays at 2:00pm**  
Food distribution: 2<sup>nd</sup> Saturdays – only for ZIP 92101 residents, 4<sup>th</sup> Saturdays – for all San Diego residents.  
For Sunday 2pm lunch, must arrive at 12noon-1pm and wait in line to get a meal ticket.  
Clothing and hygiene items are also distributed at this location.

**Homestart/Mid-City Family Resource Center:** • 5296 Avenue, San Diego 92105 • Phone (619) 229-3660.  
Emergency food distribution every 3 months • Residents of ZIP codes **92101-92105, 92113-92116** only.  
Have to meet income and family size criteria.

**Horizon Christian Fellowship:** • 590 Fir Street, San Diego 92101 • Phone (619) 236-8150  
Food distribution: **Sundays 12 noon** • See <http://www.horizonparkchapel.org> for more information

**International Rescue Committee:** • 5348 University Ave Ste 115, San Diego 92105 • Phone (619) 641-7510  
x263  
Groceries distribution: **Wednesdays 9:00am – noon** • <http://www.rescue.org/us-program/us-san-diego-ca>

**Neighborhood House Association Family Services:** • Phone (619) 263-7761.

**Salvation Army:** • 825 Seventh Ave San Diego 92101 • Phone (619) 699-2217  
Grocery bags Monday-Friday 9:00am-12:00noon, 1:00pm-4:00pm  
An ID, a rent receipt or current utility bill, and income information are required.  
For more locations, call (619) 699-2216 or (619) 699-2200 ext. 2300.

**Third Avenue Charitable Organization:** • 1420 3<sup>rd</sup> Avenue, San Diego 92101 • Phone (619) 235-9445  
Free meals: **Mondays 4:00pm, Fridays 9:00am**

**Uptown Faith Community Service Center:** • 4101 30<sup>TH</sup> Street, San Diego 92101 • Phone (619) 281-8411.  
Canned groceries bags: **Mon, Tue, Thur 9:00am-9:45am**  
Non-canned fresh groceries: **Mon-Thur 11:00am-12:00 noon.**

## Meal Centers

**St. Vincent de Paul Village** • 1501 Imperial Avenue San Diego 92101 • Phone (619) 233-8500 ext 1130

Lunch Monday-Saturday 11:00am-12:30 pm • Sunday Brunch 9:00am-11:30am

**Special Delivery San Diego** • Phone (619) 297-7373 • <http://www.specialdeliverysandiego.com/>  
Free meals for people with critical illnesses (HIV+/AIDS, cancer and others) • Delivery for homebound  
By referral from their physicians and case managers.

**Southeast Church of the Nazarene** • 3605 National Avenue San Diego 92113 • Phone (619) 262-1301

Free dinners every Friday 5:00pm-7:00pm.

**Seniors Community Centers** • 1525 Fourth Avenue (at the corner of Beech Street) San Diego 92101  
Phones (619) 235-6538, (619) 235-6572 to ask for additional locations •

<http://www.servingseiors.org/>

Age 55 and over. Two hot meals served every day for San Diego seniors . Delivery for homebound.

**So Others May Eat, Inc.** • Phone (858) 414-8281 • <http://soothersmayeatinc.org/>

Free community dinners every other Tuesday (Mary Star of the Sea, La Jolla) and every other Sunday (Mariner's Point, Mission Bay) • Food pantry service also available.

**Salvation Army:** • 825 Seventh Ave San Diego 92101 • Phone (619) 699-2217

Dinners Monday-Thursday 5:00pm. Also, grocery bags M-F 9:00am-12:00noon, 1:00pm-4:00pm.

**Rachel's Women Day Center** • 759 Eighth Avenue San Diego 92101 • Phone (619) 696-0873

Women only. Daily lunch at 11:30am (must come and sign up by 9:30am), 7 days/week.

**God's Extended Hand** • 1625 Island Ave San Diego 92101 (corner of 16<sup>th</sup> Street & Island Ave) •

Phone (619) 237-0079 • <http://www.godsextendedhand.com/> • Church service attendance prior to meal •

**M Tu Th Fri Sat:** breakfast 9:30 am, dinner 6pm • **Wed** 4pm • **Sun** 2:30pm (must arrive 1.5 hr earlier to all)

**Ladle Fellowship - First Presbyterian Church of San Diego:** • 320 Date Street, San Diego 92101

(between 3<sup>rd</sup> & 4<sup>th</sup> Avenues) • Phone (619) 232-7513 • Free lunch **Sundays at 2:00pm** (must arrive at 12noon-1pm)

**International Christians Center:** • 1236 Third Avenue, Chula Vista 91910 • Phone (619) 585-8717

Free dinner **Sundays at 5:00pm.**

**Chula Vista Church of God:** • 456 Fifth Avenue, Chula Vista 91910 • Phone (619) 425-7520

Hot meals **Fridays starting at 11:00am**

**Bayside Community Center** : • 2202 Comstock Street San Diego 92111 • Phone (858) 278-0771

Free lunches (seniors only age 55+) Monday-Friday 11:30am-12:30am

Emergency food pantry (all ages): Mondays, Wednesdays, Fridays 8:00am-10:00am (ID required)