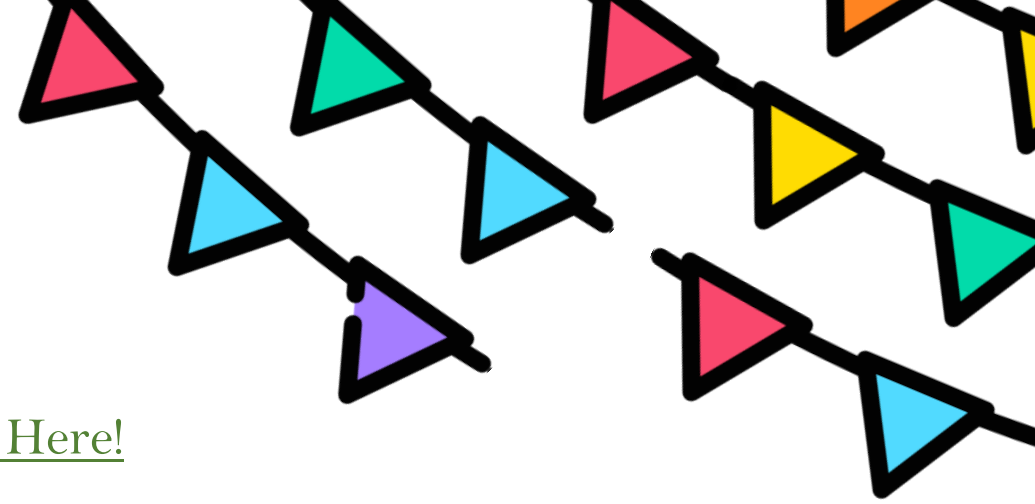


Things to do!
People to see!

Clubs on Campus



Full list of active clubs on SDCC campus: [Click Here!](#)

- Clubs to note:
 - Active Minds at SDCC – A nonprofit organization supporting mental health awareness and education for students. *Contact: nsayeh@SDCCD.edu*
 - City Unity Club – Club for SDCC students seeking to actively engage the fight for LGBTQ equality, through activism, education, and advocacy. *cityunityclub@gmail.com*
- Interest-Specific: Anthropology, Associated Students Government, Socialism, Nursing, Academics, Psychology, Environmental Activism, Film, Robotics
- Identity-Specific: Asian & Pacific Islanders, Muslim, POC, Latinx, Filipino, Christian

LGBT Center (The Center)

- Events Calendars:
 - [The Center](#)
 - [Hillcrest Youth Center](#)
 - [Latinx Services](#)
 - [Trans Services](#)
- The Center offerings:
 - Support groups, discussion groups, social groups, legal resources, wellness resources, yoga, any many more!





Spirituality Resources

- The Center provides a directory of [LGBT-Friendly Spirituality Resources](#)
 - Listings include: Buddhist, Catholic, Church of the Brethren, Disciples of Christ, Episcopal, Lutheran, Four Winds, Humanist, Jewish Conservative, Jewish Humanist, Jewish Reconstructionist, Jewish Reform, Methodist, Unitarian, Non-denominational
- Yoga/Meditation/Mindfulness
 - MHCC Mindful Self-Compassion Group Tuesdays 11AM-12PM Room A-180
 - [List of Free & Donation-Based Yoga Classes in SD](#)
 - [More Free & Donation-Based Yoga Classes on MeetUp](#)
 - [Free Meditation Classes @ Pilgrimage of the Heart Yoga](#)



EVENTS!

- Every day there are countless events that may capture your interest. Here are just a few calendars to check!
 - [Events @ SDCC](#) – general interest, student interest
 - [Gay SD](#) – LGBTQ+ interest, general interest
 - [San Diego Reader](#) – general interest
 - [Diversionary Theatre](#) – LGBTQ+ theatre in University Heights!
 - [SD City Government](#) – general interest, farmer’s markets, parades, festivals
 - [SD Union Tribune](#) – general interest
 - [Music Events in SD](#) – Eventbrite



Sports!

Joining a sports team or club is an excellent way to find community!

- [Varsity Gay League SD](#) – LBGT dodgeball, kickball, & volleyball
- [America's Finest City Softball League](#) – LGBT SB league founded 1981!
- [SD Pride Sports Teams](#) – softball, swim, running, boating, roller derby, snow sports, football, rugby, basketball, pool, tennis –I'm shook.
- [GaySurfers.net](#) – login to find LGBTQ+ surfing meetups!

Specific Supports

- [Support Groups @ The Center](#) – coming out, LGBTQ+ identity-specific, Trans, Non-Binary, POC, military affiliated, grief, young adult, senior, HIV, and more!
- [National Association on Mental Illness \(NAMI\) SD Calendar](#)
- 12-Step/Substance Use Support Groups
 - [Alcoholics Anonymous San Diego Group List](#)
 - ***LGBTQ AA group meets every day 8AM @ Twiggs 4590 Park Blvd
 - [Narcotics Anonymous San Diego Group List](#)
 - [SMART Recovery San Diego Group List](#)
 - ***SMART @ City College Thursdays 4:15-5:15PM in MS562
- [SD County Bereavement Support Groups](#)
- [Our Safe Place](#) – LGBTQ+ youth community centers





Anything to add? Anything you'd like to see?

email wabshier@SDCCD.edu